

Eye See...Eye Learn!

The Eye See...Eye Learn Program It's As Easy As 1...2...3... Reference Guide

1. Familiarize yourself with the Eye See...Eye Learn materials and the importance of identifying and treating visual problems early so children have a better opportunity to learn.
2. Introduce the Eye See...Eye Learn Program to your students and their parents/guardians.
3. Distribute the Parent/Guardian Package to each child. Each of these packages should include:
 - An explanation of the Eye See...Eye Learn pilot program
 - A letter of introduction from the superintendent of your school division
 - An Eye See...Eye Learn Eye Examination Form - to be completed by an Optometrist with a copy returned to you for the student's file to assist you with any identified visual needs
 - An Eye See...Eye Learn Pamphlet
4. If a child has not obtained an eye examination within the past year, parents/guardians should be encouraged to book an appointment for their child to receive a comprehensive eye examination. Three way conferences provide an excellent opportunity to communicate to parents.
5. If a child has already had an eye examination within the past 12 months, parents/guardians are encouraged to continue with their recommended child's eye health schedule.
6. The Eye See...Eye Learn coloring book has been designed as a mutual learning tool for the purpose of educating students and their parents about the importance of eye health. You may choose to incorporate the coloring books into your curriculum (e.g., daily exercise, homework assignments, a classroom story book). Tattoos have been included as a bonus reward for students. Please use the booklets and tattoos as you wish.

COMMON QUESTIONS

Does a child need to know how to read to have an eye examination?

Knowing how to read is not necessary. Optometrists are trained to conduct eye examinations on any age of a child, including infants. In fact, parents/guardians are encouraged to obtain an eye examination for babies as early as six months old. Eye examinations are not painful.

What is the cost of an eye exam?

The Ministry of Health covers the cost of an annual eye exam for all Saskatchewan children under the age of 18.

Is an appointment required for an eye exam?

Similar to a dentist or a medical practitioner, making an appointment is necessary. The optometrists' office staff will assist in booking a time that is convenient for everyone. To locate an optometrist consult the yellow pages of your local directory, visit www.optometrists.sk.ca or call the Saskatchewan Association of Optometrists at 1.877.660.3937 to find an optometrist near you.